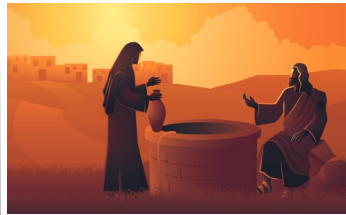




3RD SUNDAY OF LENT ORDINARY TIME (A)

SCHEDULE

Sun 8th	3rd Sunday of Lent 09:15 Adoration & Confession 10:00 Morning Prayer 10:30 Mass & Choir 11:45 Church Clean	
	Parish Community 11:45 Refreshments	
	Parish Leadership 12:15 Meeting	
Mon 9th	Lent: week 3 08:00 Mass	
Tue 10th	Lent: week 3 09:15 Mass with SH school	
Wed 11th	Lent: week 3 —	—
Thu 12th	Requiem Mass 12:00 Louise Maume	
	Parish Community 12:35 Friendship Group	
Fri 13th	Lent: week 3 09:15 Mass with SF school	
	Requiem Mass 12:00 Helen Wright	
Sat 14th	Lent week 3 11:00 Adoration & Confession 12:00 Mass	
	4th Sunday of Lent 17:00 Adoration, Confession & Evening Prayer 17:30 Vigil Mass	
Sun 15th	4th Sunday of Lent 09:15 Adoration & Confession 10:00 Morning Prayer 10:30 Mass & Choir 11:45 Church Clean	
	Parish Community 12:00 Mother's Day Party	



LIVING WATER

On the First Sunday of Lent we heard about Jesus fasting in the desert and not surprisingly becoming hungry. In the Gospel reading today we hear about Jesus being thirsty and asking a Samaritan woman to draw water from the well for him, so that he can drink. Jesus is the King of the Universe and someone who worked miracles and rose from the dead, but in his humanity he experienced ordinary hunger and thirst like us.

However, in his conversation with the woman, she expresses surprise that he is asking her because, we learn, Jews did not associate with Samaritans. Jesus then says to her quite remarkably, "Whoever drinks this water will get thirsty again; but anyone who drinks the water that I shall give will never be thirsty again."

This leads him to reveal that, in his divinity, he knows all about her and the string of husbands she has had in her quest to satisfy her thirst for love and affection. Note that Jesus does not condemn her at all and that in fact in this story, there is no repentance or forgiveness. It is about Jesus fulfilling the greatest thirst of her life.

We read, "The woman put down her water jar and hurried back to the town to tell the people." In other words, she has no interest now in the actual water she had come to draw from the well, because she is captivated by and convinced by the spiritual water or grace that Jesus has been talking about.

In Lent, the practices we undertake will hopefully lead us away from our ordinary hungers and thirsts and help us to recognise the great thirst for God that can only be satisfied in relationship with the Lord. We go in search of the living water that Jesus offers us. We find it in the food and drink of his Body and Blood that we receive in Holy Communion.

God bless, Fr Kevin.

PARISH LEADERSHIP TEAM MEETING

There is a meeting for The Parish Leadership Team on Sunday 8 March at 12.00 p.m. in the Presbytery.

RIGHT TO LIFE UK

We pray for our society. That we would promote a culture that values life, and that we would seek the protection of all humans from conception to natural death. Lord hear us.

PARISH LENT WALK

Our now annual "Parish Lent Walk" will take place after mass on **Sunday 22 March**. We will leave from outside **Sacred Heart Church at 12.15** and walk down Ryder Brow Rd to Debdale Park and return via a part of the Fallowfield Loop. We will pray the Rosary, stopping at five points along the way. This year, because of the emphasis on the Word of God in Lent, we will pray a "Scriptural Rosary."



PARISH PRAYERS

If you would like a mass offered for a specific intention, pass an envelope with an offering of £10 or more to Fr Kevin, noting if it should be kept private.

MASS INTENTIONS:

HEALTH: PETER NEW, JADE

OUR BROTHERS WHO ARE UNWELL:

AILSA SMITH, JANET MCCARTHY,
JENNIFER HUNTER, MARTIN BRENNAN,
TOMMY LOFTUS

ONLINE GOSPEL READINGS

During the Lenten period, there will be a series of gospel readings taking place every Tuesday and delivered online by various speakers, with the final reading to be given by Bishop John Arnold ahead of Palm Sunday. For more information, please visit the diocesan website: <https://dioceseofsalford.org.uk/online-readings-for-lent/>

PILGRIMAGE TO ASSISI

Eddie Gilmore is leading a walking pilgrimage to Assisi from September 18th- 26th, 2026. The group will spend a night in Florence, then travel to Città di Castello and walk for six days along the beautiful 'Way of Francis. Contact Eddie for more information: gileag@gmail.com www.eddiegilmore.org

LGBT CATHOLICS

Saturday 21st March at 15:00 will be the next Salford Diocese Mass celebrated in fellowship with LGBT+ brethren. **Everyone is welcome.** Refreshments will be provided after mass. Allow time to park in the local university area.

St. Augustine's Church, Grosvenor Street, M15 6BW—The church is accessible by stairs or lift.



CONTACT US

Parish Priest: Fr Kevin Murphy
Permanent Deacon: Davie Nalikata
Administrator: Minna Moffatt-Feldman

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Telephone: 0161 223 0338
parish@sacredheartstfranciscgorton.co.uk
www.sacredheartstfranciscgorton.co.uk
Facebook: Sacred Heart & Saint Francis of Assisi Parish

NEW DAWN CATHOLIC CONFERENCE 2026

Spring Conference from 29th - 31st May. Celebrants & Speakers include: Bishop John Arnold, Fr Pat Collins CM, Fr James Anyaegbu, Fr Frankie Mulgrew, John Hesketh, Gary Stephens and Daniella Stephens. Daily Holy Mass, praise and worship, talks, adult, youth and child's prayer ministry and opportunities for confession and personal prayer; bookings are now open: <https://booking.princeofpeace.org.uk/>.

SACRAMENT OF CONFIRMATION

The Sacrament of Confirmation can be received by our younger parishioners from Year 8 upwards, and of course adults who are baptised Catholics but who were never confirmed are also eligible. Those to be confirmed need to start attending mass each week if not doing so already. The **Saturday** sessions will start at 10:45, include Mass and finish at 14:15. March 21st, April 18th, May 2nd, 23rd, June 6, July 4th and the Confirmation Service will take place July 11th at 14:00. register here: <https://www.sacredheartstfranciscgorton.co.uk/>

IN ASSOCIATION WITH KEEP MCR TIDY

PARK LITTER-PICK

CLEAN UP SUNNYBROW PARK

Saturday 14 March




11am - 1pm

Please wear suitable footwear like boots or wellies. All children must be supervised throughout the litter pick.

MEET IN THE PLAYGROUND AT 11.00AM (OR FIND A HI VIS JACKET IF YOU ARRIVE LATER)

All equipment provided, just bring yourself, your friends, family and as much or as little time as you can spare...

OFFERTORY CONTRIBUTIONS

WEEKEND MAR 1ST	
 Basket	tbc
 Basket	tbc
 Digital	tbc

Please consider making offertory contributions by **Standing Order**. If required, forms are available at each church, use the QR code, or **transfer** directly from your bank:

TSDT SACRED HEART & ST FRANCIS GORT, 20-55-34 // 20707600

Tóm tắt Phụng vụ Lời Chúa

Bài đọc I (Xh 17,3-7)

Dân Ítraen trên đường sa mạc đã than trách ông Môsê vì thiếu nước và đặt câu hỏi: “*Có Đức Chúa ở giữa chúng ta hay không?*” Thiên Chúa truyền cho Môsê đập vào tảng đá, và nước đã chảy ra cho dân uống. Trình thuật cho thấy sự yếu tin của con người, nhưng cũng mặc khải lòng trung thành và sự chăm sóc của Thiên Chúa.

Thánh vịnh đáp ca (Tv 95)

Thánh vịnh mời gọi cộng đoàn hãy lắng nghe tiếng Chúa hôm nay và đừng cứng lòng như dân xưa trong sa mạc. Đây là lời kêu gọi tín thác, thờ phượng và mở lòng trước Thiên Chúa là Đấng cứu độ.

Bài đọc II (Rm 5,1-2.5-8)

Thánh Phaolô khẳng định rằng nhờ đức tin vào Đức Giêsu Kitô, chúng ta được giao hòa với Thiên Chúa và sống trong ân sủng. Tình yêu của Thiên Chúa được đổ tràn vào lòng chúng ta nhờ Chúa Thánh Thần, và đỉnh cao của tình yêu ấy là việc Đức Kitô chết vì chúng ta khi chúng ta còn là tội nhân.

Giăng 4:5-42

⁵ Đến một thị trấn thuộc xứ Xa-ma-ri gọi là Xi-kha, gần thừa ruộng mà Gia-cốp cho Giô-xép, con mình. ⁶ Ở đó có cái giếng Gia-cốp. Mỗi một vì đi đường xa, nên Chúa Giê-xu ngồi nghỉ chân bên giếng. Lúc ấy khoảng giữa trưa. ⁷ Có một người đàn bà Xa-ma-ri đến giếng để lấy nước. Chúa Giê-xu nói với chị, “Chị làm ơn cho tôi xin chút nước uống.” ⁸ Chuyện xảy ra khi các môn đệ Ngài đang vào phố mua thức ăn.

⁹ Người đàn bà Xa-ma-ri trả lời, “Ơ kia, ông là đàn ông Do-thái mà tại sao lại xin nước uống ở tôi là đàn bà Xa-ma-ri?” Người Do-thái không thích tiếp xúc với người Xa-ma-ri ^a.

¹⁰ Chúa Giê-xu đáp, “Nếu chị biết được ơn lành từ Thượng Đế là gì và biết người xin chị nước uống là ai, chắc hẳn chị sẽ xin và người ấy sẽ cho chị nước uống.”

¹¹ Chị hỏi, “Thưa ông, giếng thì sâu mà ông lại không có gàu để múc, vậy ông lấy nước uống ấy ở đâu?” ¹² Tổ tiên chúng tôi là Gia-cốp đã để lại cho chúng tôi giếng này; chính ông ấy cùng con cháu và bày gia súc đều uống nước từ đó. Ông lớn hơn Gia-cốp à?”

¹³ Chúa Giê-xu đáp, “Ai uống nước này rồi sẽ còn khát mãi, ¹⁴ nhưng người nào uống nước tôi cho sẽ không bao giờ khát nữa. Nước tôi cho người ấy sẽ trở thành một suối nước tuôn trào từ bên trong và dẫn đến sự sống đời đời.”

¹⁵ Chị thưa, “Xin ông làm ơn cho tôi nước ấy đi để tôi không khát nữa và khỏi cần đến đây lấy nước.”

¹⁶ Chúa Giê-xu bảo, “Chị về gọi chồng chị đến đây.”

¹⁷ Chị đáp, “Tôi không có chồng.”

Chúa Giê-xu tiếp, “Chị nói không có chồng là đúng lắm. ¹⁸ Thật ra chị đã có năm đời chồng rồi, còn người đàn ông mà chị đang chung sống cũng chẳng phải là

chồng chị. Chị đã nói thật.”

¹⁹ Chị đáp, “Thưa ông, tôi nhận thấy ông là nhà tiên tri. ²⁰ Tổ tiên chúng tôi thờ phụng trên núi này, còn người Do-thái các ông thì lại cho rằng nơi phải thờ phụng là Giê-ru-sa-lem.”

²¹ Chúa Giê-xu bảo, “Chị tin tôi đi. Đến lúc người ta không còn thờ phụng Cha trên núi này hay tại Giê-ru-sa-lem nữa. ²² Người Xa-ma-ri không biết điều mình thờ phụng; nhưng chúng tôi biết điều chúng tôi thờ phụng vì sự cứu rỗi đến từ người Do-thái. ²³ Đã đến lúc mọi người thờ phụng chân thật sẽ thờ phụng Cha bằng tâm linh và sự thật. Thời điểm đó đã đến rồi. Chị thấy không, Cha đang tìm kiếm những kẻ thờ phụng như thế. ²⁴ Thượng Đế là linh thần nên ai thờ phụng Ngài phải dùng tâm linh và lòng thành thật.”

²⁵ Người đàn bà thưa, “Tôi biết Đấng Mê-si sắp đến.” Mê-si có nghĩa là Đấng Cứu Thế. “Khi Ngài đến, Ngài sẽ giải thích mọi việc cho chúng ta.”

²⁶ Chúa Giê-xu bảo, “Đấng ấy chính là tôi đây, người đang nói chuyện với chị.”

²⁷ Lúc đó các môn đệ Ngài cũng từ phố vừa về tới. Họ sửng sốt khi thấy Ngài nói chuyện với một người đàn bà. Tuy nhiên không ai hỏi Ngài, “Thầy cần gì?” hoặc “Sao thầy nói chuyện với chị ấy?”

²⁸ Chị bỏ bầu nước lại, trở vào thành bảo dân chúng, ²⁹ “Ra mà xem một người đã nói vanh vách hết tất cả những gì tôi làm. Biết đâu chừng ông ta là Đấng Cứu Thế?” ³⁰ Do đó dân chúng lũ lượt từ thành kéo nhau ra gặp Chúa Giê-xu.

³¹ Trong khi ấy các môn đệ nài nỉ Chúa Giê-xu, “Mời thầy ăn một chút.”

³² Nhưng Chúa Giê-xu đáp, “Ta có một thức ăn mà các con không biết.”

³³ Các môn đệ hỏi nhau, “Có ai mang thức ăn cho thầy rồi sao?”

³⁴ Chúa Giê-xu đáp, “Thức ăn của ta tức là làm theo ý muốn của Đấng sai ta đến và làm xong công việc Ngài. ³⁵ Các con hay nói, ‘Còn bốn tháng nữa là tới mùa gặt.’ Nhưng ta bảo các con, hãy mở mắt nhìn cánh đồng; lúa đã chín, sẵn sàng để gặt rồi! ³⁶ Thợ gặt được trả công và đang thu góp mùa màng vào sự sống đời đời. Vì thế mà cả người trồng lẫn người gặt đều vui chung. ³⁷ Câu ngạn ngữ nói đúng, ‘Người này gieo, kẻ kia gặt.’ ³⁸ Ta sai các con đến gặt một loại hoa màu mà các con không phải bỏ công lao. Người khác đã ra sức, còn các con vào hưởng công lao của họ.”

³⁹ Có nhiều người Xa-ma-ri ở thành ấy tin Chúa Giê-xu qua lời làm chứng của người đàn bà rằng, “Người kể vanh vách mọi điều tôi làm.” ⁴⁰ Lúc các người Xa-ma-ri ra gặp Ngài thì nài nỉ Ngài ở lại với họ, nên Chúa Giê-xu nhận lời và ở lại tại đó hai ngày. ⁴¹ Có thêm nhiều người nữa tin, sau khi nghe những lời dạy của Ngài.

⁴² Họ bảo chị, “Lúc đầu chúng tôi tin, vì lời làm chứng của chị, nhưng bây giờ chúng tôi tin vì chúng tôi đã nghe Ngài tận tai và biết chắc rằng người này quả thật là Đấng Cứu Thế của nhân loại.”

THE LITURGY OF THE WORD

FIRST READING: EXODUS 17:3-7

In those days: The people thirsted for water, and the people grumbled against Moses and said, 'Why did you bring us up out of Egypt, to kill us and our children and our livestock with thirst?' So Moses cried to the LORD, 'What shall I do with this people? They are almost ready to stone me.' And the LORD said to Moses, 'Pass on before the people, taking with you some of the elders of Israel, and take in your hand the staff with which you struck the Nile, and go. Behold, I will stand before you there on the rock at Horeb, and you shall strike the rock, and water shall come out of it, and the people will drink.' And Moses did so, in the sight of the elders of Israel. And he called the name of the place Massah and Meribah, because of the quarrelling of the people of Israel, and because they tested the LORD by saying, 'Is the LORD among us or not?' The word of the Lord.

All: Thanks be to God.

RESPONSORIAL PSALM 95(94)

R: O that today you would listen to his voice! 'Harden not your hearts.

Come, let us ring out our joy to the LORD;
hail the rock who saves us.

Let us come into his presence, giving thanks;
let us hail him with a song of praise. **R.**

O come; let us bow and bend low.

Let us kneel before the LORD who made us,
for he is our God, and we the people,
the people of his pasture, the flock of his hand. **R.**

O that today you would listen to his voice!

'Harden not your hearts as at Meribah,
as on that day at Massah in the desert
when your forebears put me to the test;
when they tried me, though they saw my work.' **R.**

SECOND READING: ROMANS 5:1-2, 5-8

Brothers and Sisters: Since we have been justified by faith, we have peace with God through our Lord Jesus Christ. Through him we have also obtained access by faith into this grace in which we stand, and we rejoice in hope of the glory of God, and hope does not put us to shame, because God's love has been poured into our hearts through the Holy Spirit who has been given to us.

For while we were still weak, at the right time Christ died for the ungodly. For one will scarcely die for a righteous person — though perhaps for a good person one would dare even to die— but God shows his love for us in that while we were still sinners, Christ died for us.

The word of the Lord.

All: Thanks be to God.

GOSPEL ACCLAMATION

STAND

Glory and praise to you, O Christ, you are the Word of God. Lord, you are indeed the Saviour of the world; give me living water, so that I will not be thirsty. **Glory and praise to you, O Christ, you are the Word of God.**

GOSPEL: JOHN 4:5-42

At that time: At that time: Jesus came to a town of Samaria called Sychar, near the field that Jacob had given to his son Joseph. Jacob's well was there; so Jesus, wearied as he was from his journey, was sitting beside the well. It was about the sixth hour.

A woman from Samaria came to draw water. Jesus said to her, 'Give me a drink.' (For his disciples had gone away into the city to buy food.) The Samaritan woman said to him, 'How is it that you, a Jew, ask for a drink from me, a woman of Samaria?' (For Jews have no dealings with Samaritans.) Jesus answered her, 'If you knew the gift of God, and who it is that is saying to you, "Give me a drink", you would have asked him, and he would have given you living water.' The woman said to him, 'Sir, you have nothing to draw water with, and the well is deep. Where do you get that living water? Are you greater than our father Jacob? He gave us the well and drank from it himself, as did his sons and his livestock.' Jesus said to her, 'Everyone who drinks of this water will be thirsty again, but whoever drinks of the water that I will give him will never be thirsty again. The water that I will give him will become in him

a spring of water welling up to eternal life.' The woman said to him, 'Sir, give me this water, so that I will not be thirsty or have to come here to draw water.'

Jesus said to her, 'Go, call your husband, and come here.' The woman answered him, 'I have no husband.' Jesus said to her, 'You are right in saying, "I have no husband"; for you have had five husbands, and the one you now have is not your husband. What you have said is true.' The woman said to him, 'Sir, I perceive that you are a prophet. Our fathers worshipped on this mountain, but you say that in Jerusalem is the place where people ought to worship.' Jesus said to her, 'Woman, believe me, the hour is coming when neither on this mountain nor in Jerusalem will you worship the Father. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is coming, and is now here, when the true worshippers will worship the Father in spirit and truth, for the Father is seeking such people to worship him. God is spirit, and those who worship him must worship in spirit and truth.' The woman said to him, 'I know that Messiah is coming— he who is called Christ. When he comes, he will tell us all things.' Jesus said to her, 'I who speak to you am he.'

Just then his disciples came back. They marvelled that he was talking with a woman, but no one said, 'What do you seek?' or, 'Why are you talking with her?' So the woman left her water jar and went away into town and said to the people, 'Come, see a man who told me all that I ever did. Can this be the Christ?' They went out of the town and were coming to him.

Meanwhile the disciples were urging him, saying, 'Rabbi, eat.' But he said to them, 'I have food to eat that you do not know about.' So the disciples said to one another, 'Has anyone brought him something to eat?' Jesus said to them, 'My food is to do the will of him who sent me and to accomplish his work. Do you not say, "There are yet four months, then comes the harvest"? Look, I tell you, lift up your eyes, and see that the fields are white for harvest. Already the one who reaps is receiving wages and gathering fruit for eternal life, so that sower and reaper may rejoice together. For here the saying holds true, "One sows and another reaps." I sent you to reap that for which you did not labour. Others have laboured, and you have entered into their labour.'

Many Samaritans from that town believed in him because of the woman's testimony, 'He told me all that I ever did.' So when the Samaritans came to him, they asked him to stay with them, and he stayed there two days. And many more believed because of his word. They said to the woman, 'It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is indeed the Saviour of the world.'

The Gospel of the Lord.

第一读经（出谷纪 17:3-7）

以色列子民在旷野中因缺水而抱怨梅瑟，并质疑天主是否与他们同在。天主命令梅瑟击打曷勒布的磐石，水便涌流而出，显示出百姓信德的软弱，也彰显了天主始终不变的关爱与忠信。

答唱咏（圣咏 95）

圣咏邀请我们今天聆听上主的声音，不要像先祖在旷野中那样心硬。我们被召唤以信赖与敬拜之心，来到拯救我们的天主面前。

第二读经（罗马书 5:1-2, 5-8）

圣保禄指出，我们因信德而与天主和好，并在恩宠中站立。天主的爱藉着所赐的圣神倾注在我们心中，而这爱最圆满的彰显，就是基督在我们还是罪人时，为我们而死。

福音（若望福音 4:5-42）

耶稣在井旁与撒玛黎雅妇人相遇，向她启示“活水”，这活水能满足人内心最深的渴望。通过对话，耶稣引导她从物质需要走向属灵的信仰，并启示自己是救主。因着她的见证，许多撒玛黎雅人相信耶稣，承认祂是真正的“世界的救主”。

圣道礼仪的核心讯息

今天的圣道提醒我们：人内心最深的渴望并非物质所能满足，唯有在耶稣——活水的泉源内，我们才能找到真正的生命与救恩。

⁵ 耶稣来到撒玛利亚的一座叫叙加的城镇，它靠近雅各给他儿子约瑟的那片土地。⁶ 雅各井就在这里。大约中午时分，耶稣走累了，便坐在井边。⁷ 一位撒玛利亚^㉑女子来到井边打水，耶稣说：“给我点水喝吧。”⁸（门徒们都到城里买吃的去了。）

⁹ 那女子对他说：“你是犹太人，我是撒玛利亚人，你怎么向我要水喝？”（因为犹太人不和撒玛利亚人来往。^㉒）

¹⁰ 耶稣回答说：“假如你知道上帝的恩赐是什么，知道向你要求水喝的人是谁，你早就会求他了，那么他早就会给你活水了。”

¹¹ 女子说：“先生，你连打水的器具都没有，井又那么深，你到哪儿去打活水呢？你比我们的祖先雅各更伟大吗？”¹² 他给了我们这口井，他本人、他的孩子和牲畜都喝过这口井的水。”

¹³ 耶稣答道：“喝这个井里水的人，还会口渴的，¹⁴ 但是，喝了我的水的人，就永远不会再渴了。而且，我给他的水，在他的身体里，将变成泉源，汩汩地涌出来，给人以永生。”

¹⁵ 女子对耶稣说：“先生，请给我一些那种水吧，让我永远不再渴，也不用再来这儿打水了。”

¹⁶ 耶稣说：“去把你丈夫叫来。”

¹⁷ 女子对耶稣说：“我没有丈夫。”

耶稣说：“你说得不错，你是没有丈夫。¹⁸ 你有过五个丈夫，而你现在的那个男人并不是你的丈夫。你说的是实话。”

¹⁹ 女子说：“先生，我看出您是先知！²⁰ 我们祖先在这座山上崇拜，你们犹太人却说，耶路撒冷才应该是人们崇拜的地方。”

²¹ 耶稣说：“女人，相信我！你们既不在这山上，也不在耶路撒冷崇拜父的时候，那时刻就要来临了。²² 你们撒玛利亚人崇拜什么，你们并不知道，我们犹太人却知道我们崇拜的是什么，因为拯救来自犹太人。²³ 不过，真正崇拜父的时刻就要到来，并且已经到来，真正崇拜父的人以心灵和真诚崇拜他，这些人才是父所希望的那种崇拜者。²⁴ 上帝是灵，崇拜他的人要用心灵和真诚崇拜他。”

²⁵ 女子对他说：“我知道弥赛亚就要来临，就是被称为基督的那位。他到来后，会向我们说明一切的。”

²⁶ 耶稣对她说：“正在对你说话的便是他。”

²⁷ 此时，耶稣的门徒回来了，他们看到他正和一个女子说话，都很惊讶，不过谁也没问“您想从她那里要什么”或是“您为什么和她说话？”

²⁸ 那女子放下水罐回城去了。她对人们说：²⁹ “你们来看呀，有人把我所做过的一切，都说出来了，他有可能是基督吗？”³⁰ 城里的人们倾城而出，到耶稣这里来了。³¹ 同时，门徒们正督促他：“拉比（老师），您吃点东西吧。”

³² 耶稣对他们说：“我有食物吃，你们对我吃的食物一无所知。”³³ 门徒们互相询问：“难道有人给他送过吃的东西了吗？”³⁴ 耶稣说：“我的食物就是执行派我来的那位的旨意，并完成他交给我的任务。”³⁵ 你们在播种的时候，常说：“再有四个月就收庄稼了。”好吧，我告诉你们，睁开眼睛，朝地里看看吧，庄稼已经成熟，该收割了。³⁶ 即便是现在，收获的人得到报酬，他在为永生收获庄稼。所以，现在播种的人和收获的人一同快乐。³⁷ 俗话说：“一人播种，另一个人收获。”此话不假。³⁸ 我派你们去收获，你们是不劳而获，别人辛劳一场，而你们却坐享其成。”

³⁹ 许多来自那个城镇的撒玛利亚人都信了耶稣，因为那女子作证：“我以往所做过的一切，都被他说中了。”⁴⁰ 因此，撒玛利亚人来到耶稣那里，都请求他住下，耶稣就在那里住了两天，⁴¹ 因为耶稣所说的话，相信他的人就更多了。

⁴² 他们对那女子说：“我们刚开始信仰耶稣，是因为你告诉我们的事。但是，我们现在信，是因为我们亲耳听到了他的话，知道这个人的确是救世主。”