

# St Francis Roman Catholic Primary School

*"With God, everything is within our reach"*



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Headteacher: Mrs A. O'Dwyer

Parish Priest: Father K Murphy

Wednesday 20<sup>th</sup> May 2026

Dear Parents and Carers,

## PSHE – 'Changing Me' Unit

As part of our PSHE (Personal, Social and Health Education) curriculum, we will soon be beginning our final unit of the academic year, titled '**Changing Me**'.

As a Catholic school, we are committed to supporting the spiritual, moral, social and cultural development of all our pupils, rooted in the teachings of the Church. The education of children in relationships and health is an important and valued responsibility, and we recognise that this is a partnership with you as parents and carers, who are the first educators of your children.

To support this teaching, we will continue to use the Catholic Education Service programme '**Life to the Full**' by **Ten Ten Resources**, as recommended by Salford Diocese. The 'Changing Me' unit helps children to understand how they grow and change, appropriate to their age and stage of development, within a Christian context. Ten Ten provides resources to help keep you informed about what is being taught in school and how you can support learning at home. You can access the **Online Parent Portal**, which includes information about the lessons being delivered, here: [Information for Parents – Ten Ten Resources](#)

You will need the following login credentials for our school:

Username: stfrancisparent

Password: stfrancis

If you would like to discuss any aspect of the programme or the content of these lessons, please do not hesitate to contact your child's class teacher. You can also view our RSE policy on the school website for further information about how these subjects are taught.

We would also appreciate your feedback and ask that you complete the parent survey here: [Parent Consultation Survey](#). Your views are important in helping us to support your children effectively.

Thank you for your continued support.

Yours sincerely,

Miss T Briggs

PSHE Lead